

Berlin Area School District

Stay At Home Health Guidelines



Today's Learners.
Tomorrow's Leaders.

Keep your child home when:

1. Oral temperature is higher than 100.3° F. The child **must** be fever free for 24 hours before returning to school. **Fever-free means the child's temperature is down on its own without use of medication such as Ibuprofen (Motrin, Advil) or Acetaminophen (Tylenol).**
2. **Your child has symptoms of COVID-19.** They should get tested as soon as possible. **If positive, your child must stay home for 5 days from the first day COVID symptoms appeared (the first day of symptoms is counted as day zero).** Your child must also be fever free for 24 hours without use of fever reducing medicine, and their symptoms are improved before returning to school. Email Ms. Miller at smiller@berlin.k12.wi.us with your child's name and date of test. Please call the office or Ms. Miller for further guidance.
3. **Your child is positive for COVID-19 and has no symptoms;** they must stay home for 5 days from the day the test was done which is counted as day zero.
4. Close contacts of COVID-19 are able to attend school as long as they are not experiencing symptoms. If a close contact develops symptoms, see #2 for guidance.
5. Cold symptoms are serious enough to interfere with your child's learning.
6. There is diarrhea or vomiting. Children who are vomiting and/or have diarrhea must stay home. **The child should be vomit and/or diarrhea free with a normal temperature for 24 hours before returning to school.**
7. Coughing interferes with his/her learning and those around them.
8. Coughing and/or wheezing are causing difficulty breathing or moderate chest pain.
9. Has undiagnosed rash or open sores with drainage.
10. Has a headache severe enough to interfere with learning
11. Abdominal pain is accompanied by fever, diarrhea, and/or vomiting.
12. A sore throat serious enough to interfere with swallowing or is accompanied by a fever or rash.
13. Has live head lice infestation.
14. Has "Pink eye" and drainage is present and/or has discomfort/itching that interferes with learning.
15. There is any infectious bacterial infection until the child is on antibiotics for 24 hours.
16. There is any respiratory bacterial infection (strep throat, tonsillitis, pneumonia, bronchitis, etc.) they should not return to school until the child has taken antibiotics for 24 hours.
17. There is any infectious disease such as chicken pox, whooping cough, mumps, flu, etc. Please notify the school nurse who can determine when it is acceptable for the child to return to school in accordance with public health and CDC recommendations.

For your child, a simple 'stomach bug' or 'cold' is not that serious but it can be for others around them--these illnesses could be life threatening for those with chronic disease such as asthma or diabetes.

When you do keep your child home from school, please call the office early in the day. It is helpful if you give us the symptoms your child has so we know what is "going around" and we can monitor any outbreaks closely. Also, if your child is diagnosed with COVID-19, and is in isolation or if your child was exposed to COVID and is experiencing symptoms, please contact the school so the office can code their absence appropriately and avoid truancy issues. Other COVID related incidents will be handled on a case-by-case basis. Thank you.

Sara Miller

Sara Miller, RN, BSN
Berlin Area School District Nurse
1-920-361-2442 ext. 2129

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